

# JUDAISM ON ONE FOOT



A Nine-Week Series Providing an Overview of Judaism

MONDAYS, SEPTEMBER 14—NOVEMBER 16  
(No class September 28)

9:00—10:00 a.m.

Join Rabbi Paul Cohen, Rabbi Michelle Greenberg, Cantor Amy Zussman and Dr. Anne Lidsky for this overview and introduction to our origins, rituals and beliefs. Together we will explore the foundations of Jewish spirituality, Jewish values and the Jewish people.

Classes will include text study, discussion and lecture-style learning. It is open to everyone who wants to learn more about their religion.

RSVP:

To the temple office at 847/441-5760 or [office@templejeremiah.org](mailto:office@templejeremiah.org) so we have enough hand-outs. Drop-ins, however, are also welcome.

*"On One Foot" comes from the famous Talmud story summarizing the essence of Judaism. A non-Jew asked Rabbi Hillel to teach him about Torah while standing on one foot. Rabbi Hillel said: "What is hateful to you, don't do unto your neighbor. The rest is commentary. Now, go and study." This is a common-sense application of the Torah commandment to love your neighbor as yourself.*



## TEMPLE JEREMIAH

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